

Fever/Sickness Guidelines 2020/2021

Because of COVID19 our sickness policy has been updated.
This page may be updated with changes according to best practices as the situation evolves.

Please be considerate of the healthy children in class and follow these suggested guidelines for keeping your child home because of illness. Please keep your child home if they show any of the following symptoms: (which can all be symptoms of COVID19)

General mood changes or changes of behavior.
Complaints of pain and not feeling well.

Fever or elevated body temperature. (above 100 degrees Fahrenheit)

Skin rashes or unusual spots, swelling or bruises.

Coughing, severe sneezing, sore throat, breathing difficulties, discharge from nose, ears or eyes.

Diarrhea or Vomiting.

Also please notify the director if someone in your family has COVID symptoms or if anyone in your bubble has tested positive or if your child is being tested.

Per Alameda County Public Health a child may return after at least 10 days have passed since COVID symptoms first appeared
AND there have been at least 3 consecutive days with no fever
(without take fever reducing medicines)
AND respiratory symptoms (cough, shortness of breath) if present have been improving for at least 3 consecutive days.

We also ask that your child be fever free for 3 days before returning to school from other illnesses as well.

If your child has allergies or asthma- please provide a note from your Doctor if the symptoms resemble COVID symptoms.

Do not give your child fever reducing medicines before bringing them to school.

We will be doing temperature checks and will send a child home if their fever is over 100 degrees Fahrenheit.